

In-Home Aide Newsletter- August 2026 Posttest- Supporting Clients After a Stroke

Name: _____ **Date:** _____

Mark True or False

1. A stroke occurs when blood flow to the brain is blocked or a blood vessel in the brain ruptures.

True

False

2. An ischemic stroke is caused by bleeding in the brain, while a hemorrhagic stroke is caused by a blood clot.

True

False

3. A TIA (“mini-stroke”) always causes permanent brain damage.

True

False

4. If a client has weakness on the left side of their body, the stroke likely affected the right side of the brain.

True

False

5. Aphasia refers to slurred or unclear speech caused by weak muscles.

True

False

6. Aides should approach a client from their unaffected side and announce themselves before touching, especially if the client has sensory or vision loss.

True

False

7. A client who “appears capable” of performing a task independently should always be allowed to do so without supervision.

True

False

8. Coughing or choking during meals should be reported promptly, as it may signal a swallowing problem.

True

False

9. If a client insists they don’t need help walking, the aide should go along with the client’s own judgment instead of the care plan.

True

False

10. Stroke effects are different for every person and depend on which part of the brain was affected.

True

False