

In-Home Aide Newsletter- September 2026 Posttest- Protecting Your Client's Skin

Name: _____ **Date:** _____

Mark True or False

1. Older adults are more likely to experience changes in their skin as they age.

True

False

2. Wrinkles and sagging skin are common changes associated with aging.

True

False

3. An in-home aide should report a new or worsening skin concern to the appropriate supervisor.

True

False

4. If a client has fragile skin, pulling or rubbing the skin during personal care is okay as long as the task is completed quickly.

True

False

5. Keeping the client's skin clean and dry can help protect skin integrity.

True

False

6. Redness, irritation, or a change in the condition of a client's skin should be ignored unless the client says it hurts.

True

False

7. An aide should observe the client's skin during bathing and personal care and report concerns according to the agency's procedures.

True

False

8. Lotion or other skin products should be applied to every area of the client's body without considering the care plan or agency instructions.

True

False

9. Proper nutrition and hydration can play an important role in maintaining healthy skin.

True

False

10. A small skin tear is not important because older adults commonly have fragile skin.

True

False