

**In-Home Aide Newsletter- May 2025 Posttest**  
**Personal Care**

**ANSWERS**

1. Personal care and hygiene are critical to health, comfort and well-being for everyone.

True

2. Knowledge, skills, and attitude are components to consider with personal care assistance.

True

3. Person centered care considers a person's personal preferences in personal care and follows a person's routines and habits.

True

4. The skin is the body's first line of defense against disease.

True

5. It is important to protect a person's right to privacy and to personal choice.

True

6. Assisting a person with bathing is time to inspect the client's skin for any signs of abnormalities.

True

7. Infection control is not a consideration with personal care.

False

8. A person who has a cognitive impairment may be fearful of bathing.

True

9. A client has a right to refuse a bath.

True

10. Assistive devices may be helpful with assisting a person with personal care.

True