In-Home Aide Newsletter- March 2026 Posttest
Personal Care

Name: _____ Date: _____

Mark True or False

1. Personal care activities include a person's body, appearance, and hygiene and are a part of activities of daily living (ADL's).

True ☐ False ☐

2. Knowledge, skills, abilities, and attitude are components to consider with personal care assistance.

True ☐ False ☐

3. Person centered care considers a person's personal preferences in personal care and follows a person's routines and habits.

True ☐ False ☐

4. Assisting clients with personal care activities does not require training in skills required for personal care assistance by an In-home aide.

True ☐ False ☐

5. It is important to protect a person's right to privacy and to personal choice.

True ☐ False ☐

6. Assisting a person with bathing is time to inspect the client's skin for any signs of abnormalities.

True ☐ False ☐

7. Infection control is not a consideration with personal care.

True ☐ False ☐

8. A person who has a cognitive impairment may be fearful of bathing.

True ☐ False ☐

9. A client has a right to refuse a bath.

True ☐ False ☐

10. Oral health is essential to general health and well-being.

True ☐ False ☐